

FROM YOUR COMMUNITY MANAGER

By the time this newsletter reaches you we will be beyond Christmas, and 2017 will be imminent or will have already arrived. Where did that year go!

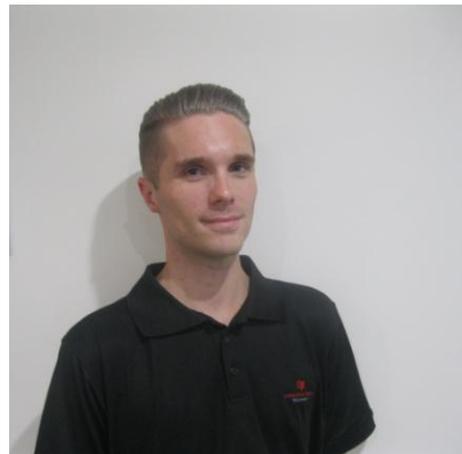
I have recently completed the annual safety audit of the village, which is a requirement of the Retirement Villages Act, as well as being a very worthwhile exercise. The review examines the various "one off" safety issues that arise during the year, as well as reporting on compliance in all those day to day areas where safety could be an issue. The report has been issued to your Residents committee and will be reviewed with them when the committee meetings recommence in February. I have also placed a copy on the notice board in the Leisure Centre for anyone interested in reviewing the many items covered.

I would request some assistance from all residents to assist Stephen in his never ending task of disposing of your garbage. When taking your rubbish to the Sulo bins in the waste rooms, could you please try and fill one bin first, before starting to fill the next. Stephen has noted that he is often ferrying numerous half empty bins from the basements to the waste room and then having to empty each one into the main hoppers, which all takes time. The less time it takes to do the bin runs, then the more time available for Stephen to do all his other work for you!

Finally, given the recent success of the residents Christmas dinner, and the number of people already out of town, we decided to delay our "Christmas drinks" and will instead organise an alternative date in the new year to bring in 2017.

Kind regards, Peter

NEW STAFF MEMBER – ANTHONY MOORE



Hi there,
My name is Anthony but I'd like to introduce myself to you all as Ant. My mum is only person that uses my full name, & it's

usually because I'm in big trouble.

A quick back story on how I came to be here at Bellerive; I've recently relocated to Karabar from Nowra NSW. I was born & raised on the South Coast but made the decision to move after my partner's new business was presented with an opportunity to work a contract on the ACT Capital Metro light rail system. Back home I worked under Family & Community Services for the department of Ageing, Disability & Home Care in a high medical needs group home as a Disability Support Worker. While waiting for a transfer to the Queanbeyan/Goulburn area I applied for a position with Hindmarsh Retirement & here I am. Now I'm managing a high behavioural group home for people with disabilities in Queanbeyan, & I come over to work at Bellerive & The Grange when I need a peaceful change of scenery.

Both staff & residents have been so warm & welcoming & I'm very much looking forward to our time together in 2017.

Hope you all have had a safe & Merry Christmas & a big Happy New Year to you all

SOCIAL CLUB EVENTS FOR JANUARY



CHRISTMAS PARTY



About sixty residents and invited guests attended the Social Club's Christmas Party on Saturday 17th December. The food provided was plentiful and varied and it was an enjoyable occasion.

Thank You

The Social Committee would like to thank those residents who generously donated items for the Christmas basket raffles. The following were the lucky winners:

- Basket – Ruth Deck (Apartment 41)
- Basket – Rhonda Lipton (Apartment 89)
- Basket – Anne Ritchens (Apartment 71)
- Basket – Sue Mahony (Apartment 119)
- Bottle of Wine – Bill Carrick (Apt 73)
- Lavender Set – Helen Uhe (Apt 96)
- Champagne/Chocolates – Margaret Hansen (Villa 14)
- Beauty/Hair Voucher – Sandra Shumack (Apartment 95)

The raffle raised \$188.05 for the Social Club Funds.

The committee would like to also thank Natalie and Hugh Collis and their group for leading the residents in the singing of Christmas carols.

Celebration of Australia Day – Thursday 26th January 2017



The Social Committee will be putting on an event for the residents to celebrate Australia Day. It is proposed that the cost of food to be provided for this event will be met from the Social Club funds, without charge to those attending, but guests will be required as usual to bring their own drinks. Further details will be given in a letter box drop closer to the event. In the meantime, if you have any queries please contact Diane McMahon on 572.

JANUARY 2017 ACTIVITY RESUME DATES

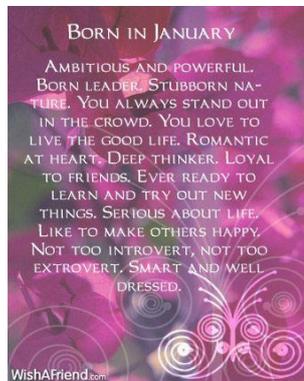
- Hairdresser:** Tuesday 3 Jan
- Maintenance:** Monday 9 January
- Tai Chi:** Monday 9 January
- Cafe:** Wednesday 11 Jan
- Chair Yoga:** Thursday 12 January
- Sketch Group:** Early February
- Podiatry:** Saturday 7 January
- Massage:** Early February
- Exercise Groups**
- Monday:** 9 January
- Wednesday:** 11 January
- Friday:** Early Feb.

Happy Hour: Monday 9 January

Guest Speaker: Recommencing in February.

JANUARY BIRTHDAYS!

Bill Gynn	1
Gayle Philip	2
Baiba Kalnins	3
Diane McMahon	12
Jenny Parmeshwar	13
Christine Barton	14
Noeline Garty	15
Janice Arundel	16
Warwick Shean	16
Margaret Wilson	19
Brian Angel	23
Pat Barrett	24
Bill Sales	31



HAPPY HOUR - EVERY MONDAY @ 4:30PM



Come along to our "Happy Hour Trivia". Be prepared with two questions or just join in answering.

- 9th – General Knowledge
- 16th – Australian Prime Ministers
- 23th – Australiana
- 30th – General Knowledge

JANUARY PUZZLE

Which shadow belongs to Santa?



Answer revealed next month

Answer to December's puzzle.

There were 12 pieces on the top layer with at least 2 sides with icing. The other three layers each have 4 pieces that have 2 sides with icing giving a total of 24.

BUS TRIPS – JANUARY 2016

Friday 13 January - Departs 10:30am – Pick up 1pm

FYSHWICK FRESH FOOD MARKETS



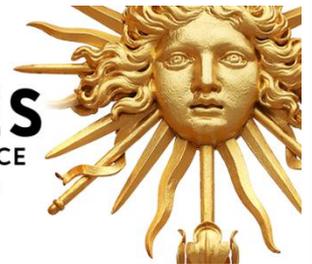
The markets are a fresh food market where the majority of the retail space is dedicated to

the sale of fresh produce including fruit and vegetables, meats, seafood, delicatessens and bakery products. Fyshwick Fresh Food Markets has over 25 shops

National Gallery of Australia - lunch + Versailles Treasure from the Palace

Monday 23 January - Departs 11am – Pick up 2pm

VERSAILLES
TREASURES FROM THE PALACE
Exclusive to the National Gallery of Australia



Be seduced into a world of power, passion and luxury this summer. This sumptuous exhibition is a once in a lifetime chance to see and experience here in Australia a mesmerising period in French history. Included are more than 130 paintings, intricate tapestries, gilded furniture, monumental statues and other objects from the royal gardens, as well as personal items from Louis XIV to Marie-Antoinette. **Cost \$27 payable at their reception desk on the day or via Ticketek.**

Enjoy an early lunch in the Cafe prior to wondering through the exhibition, as the early afternoon is quieter than the mornings.

SUNDAY MOVIES FOR JANUARY

Bring your own drinks nibbles/popcorn.

Sunday 1 January – Under the Tuscan Sun



Frances Mayes is a 35-year-old San Francisco writer whose perfect life has just taken an unexpected detour. Her recent divorce has left her with terminal writer's block and extremely depressed. Her best friend, Patti, is beginning to think that she might never recover. "Dr. Patti's" prescription: 10 days in Tuscany. Frances purchases a villa, the home needs much restoration, but what better place for a new beginning than the home of the Renaissance?

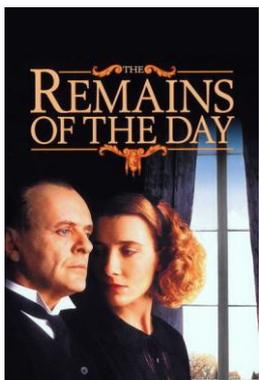
Sunday 8 January – Gorky Park



In the dead of a Moscow winter, three bodies are found in Gorky Park. Police Inspector Renko (William Hurt) is unable to identify the corpses. For reasons unknown to him, Renko's investigation is somehow being stymied by his higher-ups. Ferreting out information on his own, Renko makes the acquaintance of Soviet dissident Irina (Joanna Pacula), a friend of one of the victims. As in Martin Cruz Smith's novel, the identity of the killer is not as well hidden as the reasons behind the killing.

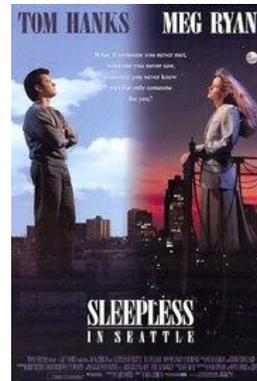
Sunday 15 January – Remains of the Day

During the 1930s, James Stevens (Anthony Hopkins) serves as a proper English butler to the doltish Lord Darlington (James Fox). Stevens is so dedicated that he forgoes visiting his father on his deathbed in order to serve, and overlooks Darlington's Nazi sympathies and growing anti-Semitism.



Twenty years after his employer's death, Stevens tries to reconnect with Miss Kenton (Emma Thompson), Darlington's head housekeeper, and begins to regret his loyalty to his former master.

Sunday 22 January – Sleepless in Seattle



It's Christmas Eve and a radio talk show has asked their listening audience what they are wishing and dreaming of during this season. A little boy, who is tuned in from Seattle calls in his wish, a new wife for his father who has been widowed for a year and a half. Meanwhile, across the country, punching buttons on her car radio Annie Reed hears Jonah and is immediately captivated by him and his selfless Christmas wish. Jonah and his dad are immediately besieged by countless letters from listeners reaching out to help, meanwhile, Annie becomes convinced that it is her destiny to meet Sam, Jonah's lovely dad. And as Annie sees it, there are just two minor problems. First, she is presently engaged to marry another man. And, of course, Jonah's dad does not even know yet.

Sunday 29 January – King's Speech



Bertie who has suffers from a speech impediment all his life, is suddenly crowned King George VI of England, after the death of his father King George V. With his country on the brink of war and in desperate need of a leader, Elizabeth, the future Queen Mother, arranges for her husband to see an eccentric speech therapist, Lionel Logue. After a rough start, the two delve into an unorthodox course of treatment and eventually form an unbreakable bond. With the support of Logue, his family, his government and Winston Churchill, the King will overcome his stammer and deliver a radio-address that inspires his people and unites them in battle

What's on ...

JANUARY 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NEW YEARS DAY 1 2-3:30pm Craft 4pm Afternoon Movie "Under the Tuscan Sun"	2 9am Exercises 1pm Mahjong	3 8:30 Walking Group 9Strollers 10am Hairdresser 2pm Mahjong	4 9am Exercises 7pm Table Tennis & Carpet bowls	5 8am Exercises 10am Hairdresser 5- 8 Hair dresser by appoint. 7pm Cards /Bridge	6 10 am Hairdresser	7 10am Hairdresser Podiatrist
8 2-3:30pm Craft 4pm Afternoon Movie "Gorky Park"	9 9am Exercises 10:30 Podiatrist 1pm Mahjong 2pm Tai Chi classes 4.30pm Happy Hour "General knowledge"	10 8:30 Walking Group 9Strollers 10am Hairdresser 2pm Mahjong	11 9am Exercises Cafe – 10:30 - 3:30 7pm Table Tennis & Carpet bowls	12 8am Exercise Class 10am Hairdresser 2:15pm Chair Yoga Cafe – 10:30 - 3:30 5- 8 Hair dresser by appoint. 7pm Cards /Bridge	13 10 am Hairdresser 10:30am Bus trip Fyshwick markets Cafe – 10:30 - 3:30	14 10am Hairdresser Cafe – 10:30 - 3:30
15 2-3:30pm Craft 4pm Afternoon Movie "Remains of the Day"	16 9am Exercises 1pm Mahjong 2pm Tai Chi classes 4.30pm Happy Hour "Australian Prime Ministers"	17 8:30 Walking Group 9Strollers 10am Hairdresser 2pm Mahjong	18 9am Exercises Cafe – 10:30 - 3:30 7pm Table Tennis & Carpet bowls	19 8am Exercise Class 10am Hairdresser Cafe – 10:30 - 3:30 2:15pm Chair Yoga 5- 8 Hair dresser by appoint. 7pm Cards /Bridge	20 10 am Hairdresser Cafe – 10:30 - 3:30	21 10am Hairdresser Cafe – 10:30 - 3:30 Podiatrist
22 2-3:30pm Craft 4pm Afternoon Movie "Sleepless in Seattle"	23 9am Exercises 11am Bus Trip Versailles 1pm Mahjong 2pm Tai Chi classes 4.30pm Happy Hour "Australiana"	24 8:30 Walking Group 9 Strollers 10am Hairdresser 2pm Mahjong	25 9am Exercises 7pm Table Tennis & Carpet bowls	26 Australia Day 8am Exercises 10am Hairdresser Australia Day Activities TBA Cafe – 10:30 - 3:30 2:15pm Chair Yoga 5- 8 Hair dresser by appoint 7pm Cards /Bridge	27 10 am Hairdresser Cafe – 10:30 - 3:30	28 10am Hairdresser Cafe – 10:30 - 3:30
29 2-3:30pm Craft 4pm Movie "King's Speech"	30 9am Exercises 1pm Mahjong 2pm Tai Chi classes 4.30pm Happy Hour "General knowledge"	31 8:30 Walking Group 9 Strollers 10am Hairdresser 2pm Mahjong				